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2D2428: Oil and Cold Wax Painting for Beginners with Karen Sako

Days: Tuesday - Friday

Dates: August 27 – 30, 2024

Times: 9am – 4pm

Required Materials:

- Artist grade oil paints. I use Gamblin for quality and range, but any artist grade oil paints work well. Please do not bring student grade with extenders and fillers – there is a difference. Bring a variety of opaque and transparent colors for building layers. A selection of primary and secondary colors is best for mixing and experimenting. My palette is made from Gamblin:
 - Quinacridone Red
 - Ultramarine Blue
 - Cobalt Teal
 - Indian Yellow
 - Cadmium Yellow
 - Cadmium Orange
 - Titanium/Zinc White
- Gamblin Cold Wax Medium, 16oz
- Gamsol Odorless Mineral Spirits. PenArt is a turpentine-free zone.
- Paint surfaces:
 - At least 10 small to medium Ampersand Gesso Boards. 8” to 20” measurements are manageable for experimenting. The panels hold up to scraping, scratching, and gouging better than paper. Available in a variety of sizes and pre-primed, cradled or not. These are user-friendly and high-quality.
 - Pad of Mixed Media Board – “Multimedia Artboard” is best. Available at multimediaartboard.com
 - Please do not purchase canvas paper pads, stretched canvas panels, or canvas covered boards.
- Brayers – the types used for printmaking. Available in a variety of sizes and widths. 4” or 6” soft rubber brayer. Speedball brand is best and most durable.
- Squeegee or wide blade color shaper

- 1-2 trowel shaped palette knives. Any combination of shapes and sizes for scraping, gouging, etc.
- Sketchbook and pencils for sketches, ideas, and notes.
- Painter's tape. Removable blue tape wide enough to cover the edges of your panels.
- Small portable palette – glass or wood. Disposable paper palettes are okay.
- Paper towels/rags for cleanup and effects.
- Clean, empty tin can for solvent.
- Vinyl gloves. Do not bring latex as it doesn't stand up to solvents.

Optional Materials: These items make up a complete toolkit for creating paintings in oil and cold wax medium in your studio. Not all of these are needed for workshop use. If you have them, bring them. Many tools and mediums will be available for trial.

- Putty knives from the hardware store in different sizes.
- Catalyst tools, which come in a variety of styles
- Chalk pastels can be used on dry surfaces and crushed for powder
- General charcoal
- Messermeister Silicon Bowl Scraper
- 2-3 oil paint sticks. These are also called Oilbars, R&F Pigment Sticks, and Paintstiks.
- Other useful tools for textures and effects, such as cheap chip brushes, vegetable scrubbers, steel wire brushes, pot scrubbers, toothpicks, wood skewers, metal picks, textured paper scraps, steel wool, string, cheese cloth, stencils, old toothbrushes, and other mark-making tools.

For ALL classes, remember to bring:

- Sketchbook and pencil for sketching and notetaking
- Comfortable shoes and/or a rubber mat for cement studio floors
- Apron or smock
- Sweater; studios are air conditioned

The items listed above are recommended by the instructor. You may be asked to bring more than you will actually use. The acquisition and cost of these items are your responsibility.



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